

What is a New Mind?

- A mind that can go to zero, be in silence
- A mind that is present, here now, receptive, open and available
- A mind that can process information easily and effectively (free of the past and psychological wounding, or identification, free of conditioning.) And much more.

My 28 years of working with pulsing has been a revelation in the simplicity and power of life. Everything we need, is inside of us, if only we can feel and connect.

This unique and special process is a relaxing transformative bodywork through seven steps of development of the internal organs. Internal organs are not just organs as they are the subconscious powers manifesting in our life. How we feel here determines what we will manifest, either positively or negatively. Facing the shadow in our nervous system is very empowering.

Through the Green Wave New Mind Process we will be working the organ of the Pancreas. Also known as the shaman organ, the master healer organ or Shiva, the Creator and Destroyer. It is through this organ that we developed creativity. The frog has the vibration of the Pancreas and in shamanism represents spiritual cleansing, healing and light.

'Going to the devil' is often associated with Pancreas energy, as illustrated in the Tarot by the Devil Card. Going to the devil represents devel-o-p-ment, breaking the taboos of society and conditioning. It can be quite wild. Shiva is powerful energy where the old is destroyed before the new can come in.

The Pancreas loves pleasure, loves something sweet and can also get stuck in drugs, alcohol and sex. Many have really enjoyed this energy in their lives or others may have lived more the denial of pleasure.

Whatever has been your experience, come and join us as we go through the seven steps of the Pancreas from birth to the present, to pulse and free this circuits potential.

Like never before, the purpose of a human body is to transform electrical energy into light. This is our very purpose. It is not just to consume and enjoy. There is one higher level, one more step. And that is to transform the electrical energy of our thoughts, the bio-electrical sensations that produce our feelings from simply electrical to luminous, from perception to radiance. The gap that produces that step is silence. The method for acquiring that experience is meditation.

A tremendously effective meditative bodywork, that focuses the awareness and compassion, by feeling the pulse and being present in the moment. A new power is felt inside.

The fuel that makes the light possible is every mistake you have ever made. If you have been perfect so far in this

life, see you later. Otherwise in this workshop, you will get to transform all that stuff that made you feel bad inside, from pain into bliss.



SUSANNE has been running workshops for over 25 years in America, India and Europe, who's intent is for change and living it, rather than just spiritual mind.

www.tibetanpulsinghealing.co.uk

Come and join with us in this unique process at:

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St. Just, Cornwall, TR19 7NJ
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Dates: 26 - 29 August 2011
Times: Friday 7-10pm
Sat - Mon 10am - 6pm

Please bring a packed lunch and also your own bottled water as it can be thirsty work.

Tibetan Pulsing School of Transformation



**Green Wave - Pancreas
Organ is the Frog
26th to 29th August 2011
The New Mind
Seven Step Process**